



**FREE  
TRAINING  
EVENT**



RECOGNIZE SIGNS OF DISTRESS. PROVIDE HOPE. PROVIDE SUPPORT.

## WE CAN ALL SAVE LIVES

Q.P.R. Question Persuade and Refer is an evidence-based gatekeeper training used to help an individual in crisis. Similar to CPR, this skills-based training teaches us how to respond when someone is in distress, by asking the suicide question, persuading them to stay alive, and making a quality referral for help. Join the millions of people who have been trained in QPR worldwide.

Collaboration with the City of Stow, City of Stow Mental Health Coalition, SMF City Schools, Holy Family School, and area Health Care Providers



QPR Training is led by trained mental health professionals, offered for free, and open to those 18+ years of age. Stow & Munroe Falls parents, grandparents, friends, and neighbors are invited to attend.

Registration required.

### 90 MINUTE SESSIONS

**WEDNESDAY, APRIL 20, 2022**

**STOW-MUNROE FALLS HIGH SCHOOL -  
Commons Entrance Door**  
3227 Graham Road, Stow

**SESSION 1: 5:30PM**

**SESSION 2: 6:00PM**

**SESSION 3: 6:30PM**

**MONDAY, APRIL 25, 2022**

**HOLY FAMILY - Lower Church Hall**  
3179 Kent Rd, Stow

**SESSION 4: 6:30PM**

### TO REGISTER:

SCAN QR CODE, GO TO:

**[WWW.STOWOHIO.RECDESK.COM/COMMUNITY/PROGRAM](http://WWW.STOWOHIO.RECDESK.COM/COMMUNITY/PROGRAM)**

**OR CALL 330-689-5100**

